

**Supplementary Table 1.**

**Table 1. The DLQI questionnaire**

<b>Headings</b>	<b>Questions</b>	<b>Answers</b>	<b>Score</b>
<b>1. Symptoms and feelings</b>	Q1: Over the last week, how itchy, sore, painful, or stinging has your skin been?	Very much	3
		A lot	2
		A little	1
		Not at all	0
		Not relevant	0
	Q2: Over the last week, how embarrassed or self-conscious have you been because of your skin	Very much	3
		A lot	2
		A little	1
		Not at all	0
		Not relevant	0
<b>2. Daily activities</b>	Q3: Over the last week, how much has your skin interfered with you going shopping or looking after your home, or garden	Very much	3
		A lot	2
		A little	1
		Not at all	0
		Not relevant	0
	Q4: Over the last week, how much has your skin influenced the clothes you wear?	Very much	3
		A lot	2
		A little	1
		Not at all	0
		Not relevant	0
<b>3. Leisure</b>	Q5: Over the last week, how much has your skin affected any social or leisure activities?	Very much	3
		A lot	2
		A little	1
		Not at all	0
		Not relevant	0
	Q6: Over the last week, how much has your skin made it difficult for you to do any sport?	Very much	3
		A lot	2
		A little	1
		Not at all	0
		Not relevant	0
<b>4. Work and school</b>	Q7: Over the last week, has your skin prevented you from working or studying?	Yes	3
		Not	0
	If 'no', over the last week, how much has your skin been a problem at work and studying?	A lot	2
		A little	1
		Not at all	0
<b>5. Personal relationships</b>	Q8: Over the last week, how much has your skin created problems with your partner or any close friends or relatives?	Very much	3
		A lot	2
		A little	1
		Not at all	0
		Not relevant	0
	Q9: Over the last week, how much	Very	3

	has your skin caused any sexual difficulties?	much	2
		A lot	1
		A little	0
		Not at all	0
		Not relevant	
<b>6. Treatment</b>	Q10: Over the last week, how much of a problem has the treatment for your skin been, for example, by making your home messy, or by taking up time?	Very	3
		much	2
		A lot	1
		A little	0
		Not at all	0
		Not relevant	

Each question was scored on a scale from 0 to 3 (0 = not at all, 1 = a little, 2 = a lot, 3 = very much), and the scores for all ten questions were summed to obtain the total DLQI score, which ranged from 0 to 30 (0–1 = no effect on the patient's quality of life, 2–5 = small effect, 6–10 = moderate effect, 11–20 = very large effect, 21–30 = extremely large effect).