# Supplementary Table 1. PRISMA-P (Preferred Reporting Items for Systematic review and Meta-Analysis Protocols) 2015 checklist: recommended items to address in a systematic review protocol

| Section/topic             | # | Checklist item  | Reported on page # |
|---------------------------|---|---|--------------------|
| TITLE                     |   |   |                    |
| Title                     | 1 | Identify the report as a systematic review, meta-analysis, or both.   | 1                  |
| ABSTRACT                  |   |   |                    |
| Structured summary        | 3 | Provide a structured summary including, as applicable: background; objectives; data sources; study eligibility criteria, participants, and interventions; study appraisal and synthesis methods; results; limitations; conclusions and implications of key findings; systematic review registration number. | 3                  |
| INTRODUCTION              |   |   |                    |
| Rationale                 | 5 | Describe the rationale for the review in the context of what is already known.  | 4                  |
| Objectives                | 6 | Provide an explicit statement of questions being addressed with reference to participants, interventions, comparisons, outcomes, and study design (PICOS).  | 4                  |
| METHODS                   |   |   |                    |
| Protocol and registration | 6 | Indicate if a review protocol exists, if and where it can be accessed (e.g., Web address), and, if available, provide registration information including registration number.   | 5                  |
| Eligibility criteria      | 6 | Specify study characteristics (e.g., PICOS, length of follow-up) and report characteristics (e.g., years considered, language, publication status) used as criteria for eligibility, giving rationale.  | 5                  |
| Information sources       | 7 | Describe all information sources (e.g., databases with dates of coverage, contact with study authors to identify additional studies) in the search and date last searched.  | 5                  |

| Search                             | 6  | Present full electronic search strategy for at least one database, including any limits used, such that it could be repeated.  | 5   |
|------------------------------------|----|--|-----|
| Study selection                    | 7  | State the process for selecting studies (i.e., screening, eligibility, included in systematic review, and, if applicable, included in the meta-analysis).  | 5   |
| Data collection process            | 7  | Describe method of data extraction from reports (e.g., piloted forms, independently, in duplicate) and any processes for obtaining and confirming data from investigators.   | 5   |
| Data items                         | 7  | List and define all variables for which data were sought (e.g., PICOS, funding sources) and any assumptions and simplifications made.  | 5,6 |
| Risk of bias in individual studies | 8  | Describe methods used for assessing risk of bias of individual studies (including specification of whether this was done at the study or outcome level), and how this information is to be used in any data synthesis. | 6   |
| Summary measures                   | 8  | State the principal summary measures (e.g., risk ratio, difference in means).  | 6   |
| Synthesis of results               | 8  | Describe the methods of handling data and combining results of studies, if done, including measures of consistency (e.g., I²) for each meta-analysis.  | 7   |
| Risk of bias across studies        | 8  | Specify any assessment of risk of bias that may affect the cumulative evidence (e.g., publication bias, selective reporting within studies).   | 7   |
| Additional analyses                | 9  | Describe methods of additional analyses (e.g., sensitivity or subgroup analyses, meta-regression), if done, indicating which were pre-specified.   | 7   |
| RESULTS                            |    |  |     |
| Study selection                    | 9  | Give numbers of studies screened, assessed for eligibility, and included in the review, with reasons for exclusions at each stage, ideally with a flow diagram.  | 7   |
| Study characteristics              | 10 | For each study, present characteristics for which data were extracted (e.g., study size, PICOS, follow-up period) and provide the citations.   | 7   |

| Risk of bias within studies   | 9-14  | Present data on risk of bias of each study and, if available, any outcome level assessment (see item 12).  | 7     |
|-------------------------------|-------|--|-------|
| Results of individual studies | 9-14  | For all outcomes considered (benefits or harms), present, for each study: (a) simple summary data for each intervention group (b) effect estimates and confidence intervals, ideally with a forest plot. | 7-9   |
| Synthesis of results          | 9-14  | Present results of each meta-analysis done, including confidence intervals and measures of consistency.  | 7-9   |
| Risk of bias across studies   | 9-14  | Present results of any assessment of risk of bias across studies (see Item 15).  | 9     |
| Additional analysis           | 9-14  | Give results of additional analyses, if done (e.g., sensitivity or subgroup analyses, meta-regression [see Item 16]).  | 9-10  |
| DISCUSSION                    | •     |  |       |
| Summary of evidence           | 14-19 | Summarize the main findings including the strength of evidence for each main outcome; consider their relevance to key groups (e.g., healthcare providers, users, and policy makers).                     | 10-14 |
| Limitations                   | 19    | Discuss limitations at study and outcome level (e.g., risk of bias), and at review-level (e.g., incomplete retrieval of identified research, reporting bias).  | 14    |
| Conclusions                   | 19-20 | Provide a general interpretation of the results in the context of other evidence, and implications for future research.  | 14    |
| FUNDING                       | •     |  |       |
| Funding                       | 20    | Describe sources of funding for the systematic review and other support (e.g., supply of data); role of funders for the systematic review.   | 16    |

From: Moher D, Liberati A, Tetzlaff J, Altman DG, The PRISMA Group (2009). Preferred Reporting Items for Systematic Reviews and Meta-Analyses: The PRISMA Statement. PLoS Med 6(7): e1000097. doi:10.1371/journal.pmed1000097

### Supplementary Table 2. PubMed search strategy

| 1  | severe acute respiratory syndrome coronavirus 2[Supplementary Concept] |
|----|--|
| 2  | severe acute respiratory syndrome coronavirus 2[Text Word]             |
| 3  | SARS-CoV-2[Text Word]  |
| 4  | sars cov 2[Text Word]  |
| 5  | novel corona virus[Text Word]  |
| 6  | new coronavirus[Text Word]   |
| 7  | novel coronavirus[Text Word]   |
| 8  | 2019-nCoV[Text Word]   |
| 9  | 2019nCoV[Text Word]  |
| 10 | 2019 novel CoV[Text Word]  |
| 11 | 2019 nCoV[Text Word]   |
| 12 | 2019 novel coronavirus[Text Word]                                      |
| 13 | 2019 novel coronavirus disease[Text Word]                              |
|    | "Wuhan"[Text Word] AND ("coronavirus"[MeSH Terms] or                   |
| 14 | "coronavirus"[Text Word])  |
| 15 | novel coronavirus pneumonia[Text Word]                                 |
| 16 | NCP[Text Word]   |
| 17 | corona virus disease 2019[Text Word]                                   |
| 18 | coronavirus disease 19[Text Word]                                      |
| 19 | coronavirus disease 2019[Text Word]                                    |
| 20 | coronavirus disease-19[Text Word]                                      |
| 21 | COVID-19[Supplementary Concept]  |
| 22 | COVID-19[Text Word]  |
| 23 | COVID 19[Text Word]  |
|    |  |

| 24 | COVID19[Text Word]                                  |
|----|---|
| 25 | COVID-2019[Text Word]                               |
| 26 | Novel Coronavirus-Infected Pneumonia[Text Word]     |
| 27 | NCIP[Text Word]                                     |
| 28 | or/1-27   |
| 29 | "2019/12/01"[Date - Entrez] : "3000"[Date - Entrez] |
| 30 | 20 and 30   |
| 31 | "animals"[MeSH Terms] NOT "humans"[MeSH Terms]      |
| 32 | 30 not 31   |
|    |   |

### **Supplementary Table 3. Characteristics of included studies in the meta-analysis**

| First author                  | Centre | Period             | Location                                    | Participant             | Normal          | Normal          | Subgroup   | Sample | Age                             | Sex            | Pre-existing liver                                 |
|-------------------------------|--------|--------------------|---|-------------------------|-----------------|-----------------|------------|--------|---------------------------------|----------------|--|
|                               |        |                    |   | S                       | range<br>of AST | range<br>of ALT |            | size   | (mean ± SD or<br>Median (IQR or | (Male, %       | diseases (n, %)                                    |
|                               |        |                    |   |                         | (U/L)           | (U/L)           |            |        | Range))                         |                |  |
| Arentz, M. <sup>14</sup>      | Single | 2020/2/20-2020/3/5 | Washington State, USA                       | Critically ill Patients | 5-40            | 5-50            | NA         | 21     | 70 (Range:43-92)                | 11(52)         | Cirrhosis:1 (4.8); Abnormal Liver function:8 (38). |
| Bhatraju, P. K. <sup>27</sup> | Multi  | 2020/2/24-2020/3/9 | Seattle Region, USA                         | Critically ill Patients | €40             | ≪40             | NA         | 24     | 64±18<br>(Range:23-97)          | 15(63)         | NR   |
| Cai, J. <sup>28</sup>         | Multi  | 2020/1/19-2020/2/3 | Shanghai, Hainan, Hefei, and Qingdao, China | Children                | 15-40           | 9-50            | NA         | 10     | 74 months (Range:3-131 months)  | 4(40)          | NR   |
| Cai, Q. <sup>29</sup>         | Single | 2020/1/11-2020/2/6 | Shenzhen, China                             | COVID-19                | 0-40            | 0-40            | Total      | 298    | 47.5 (33-61)                    | 145<br>(48.66) | 28 (9.4)   |
|                               |        |                    |   |                         |                 |                 | Non-severe | 240    | 41 (31-56)                      | 106<br>(44.17) | 20 (8.33)  |

|                        |        |                     |              |          |       |      | Severe        | 58  | 62.5(56-66)      | 39 (67.24) | 8 (13.79)                  |
|------------------------|--------|---------------------|--------------|----------|-------|------|---------------|-----|------------------|------------|----------------------------|
| Cao, B. <sup>30</sup>  | Single | 2020/1/18-2020/2/3  | Wuhan, China | Adults   | ≤40   | ≤50  | Total         | 199 | 58 (49–68)       | 125 (60.3) | Exclusion criteria include |
|                        |        |                     |              |          |       |      |               |     |                  |            | severe liver disease.      |
|                        |        |                     |              |          |       |      | Lopinavir–    | 99  | 58 (50–68)       | 61 (61.6)  |                            |
|                        |        |                     |              |          |       |      | ritonavir     |     | , ,              | , ,        |                            |
|                        |        |                     |              |          |       |      | Standard care | 100 | 58 (48–68)       | 59 (59.0)  |                            |
| Cao, J. <sup>31</sup>  | Single | 2020/1/3-2020/2/1   | Wuhan, China | Adults   | NR    | <40  | Total         | 102 | 54 (37-67)       | 53 (52)    | 2 (2)                      |
|                        |        |                     |              |          |       |      | Non-survivor  | 17  | 72 (63-81)       | 13 (76.5)  | 1 (5.9)                    |
|                        |        |                     |              |          |       |      | Survivor      | 85  | 53 (47-66)       | 40 (47.1)  | 2 (2.4)                    |
| Chen, G. 79            | Single | 2019/12-2020/1/27   | Wuhan, China | COVID-19 | ≪40   | ≪41  | Total         | 21  | 56 (50-65)       | 17 (81)    | NR                         |
|                        |        |                     |              |          |       |      | Severe        | 11  | 61 (56.5-66)     | 10 (90.9)  | NR                         |
|                        |        |                     |              |          |       |      | Moderate      | 10  | 52 (42.8-56)     | 7 (70)     | NR                         |
| Chen, L. <sup>32</sup> | Single | 2020/1/14-2020/1/29 | Wuhan, China | Adults   | €40   | ≤41  | NA            | 29  | 56 (Range:26-79) | 21 (72)    | 2 (6)                      |
| Chen, N. <sup>4</sup>  | Single | 2020/1/1-2020/1/20  | Wuhan, China | Adults   | 15-40 | 9-50 | NA            | 99  | 55.5±13.1        | 67 (67.67) | NR                         |
| Chen, T. <sup>78</sup> | Single | 2020/1/13-2020/2/28 | Wuhan, China | COVID-19 | ≪40   | ≤41  | Total         | 274 | 62 (44-70)       | 171 (62)   | 11 (4)                     |
|                        |        |                     |              |          |       |      |               |     |                  |            |                            |

|                           |        |                      |                  |           |       |       | Deaths     | 113  | 68 (62-77)       | 83 (73)    | 5 (4)   |
|---------------------------|--------|----------------------|------------------|-----------|-------|-------|------------|------|------------------|------------|---------|
|                           |        |                      |                  |           |       |       | recovered  | 161  | 51 (37-66)       | 88 (55)    | 6 (4)   |
| Chen, T. <sup>33</sup>    | Single | 2020/1/1-2020/2/20   | Wuhan, China     | COVID-19  | 15-40 | 9-50  | Total      | 203  | 54 (20-91)       | 108 (53.2) | 8 (3.9) |
|                           |        |                      |                  |           |       |       | <65y       | 148  | 46 (20-64)       | 74 (50)    | 6 (4.1) |
|                           |        |                      |                  |           |       |       | ≥65y       | 55   | 74 (65-91)       | 34 (61.8)  | 2 (3.6) |
| Chen, X. <sup>34</sup>    | Single | 2020/1/26-2020/1/31  | Chongqing, China | COVID-19  | ≤35   | €40   | NA         | 78   | 45 (Range 15-79) | 39 (50)    | NR      |
| Du, R. H. <sup>35</sup>   | Multi  | 2019/12/25-2020/2/15 | Wuhan, China     | Decedents | ≤40   | €50   | Total      | 109  | 70.7±10.9        | 74 (67.9)  | 2 (1.8) |
|                           |        |                      |                  |           |       |       | ICU        | 51   | 68.4±9.7         | 36(70.6)   | 0       |
|                           |        |                      |                  |           |       |       | Non-ICU    | 58   | 72.7±11.6        | 38(65.5)   | 2(3.4)  |
| Du, Y. <sup>36</sup>      | Multi  | 2020/1/9-2020/2/15   | Wuhan, China     | Decedents | 17-59 | 21-72 | NA         | 85   | 65.8±14.2        | 62 (72.9)  | 5 (5.9) |
| Guan, W. J. <sup>37</sup> | Multi  | 2019/12/11-2020/1/31 | Mainland,        | COVID-19  | ≪40   | ≪40   | Total      | 1099 | 47 (35–58)       | 637/1096   | NR      |
|                           |        |                      | China            |           |       |       |            |      |                  | (58.1)     |         |
|                           |        |                      |                  |           |       |       | Non-severe | 926  | 45 (34–57)       | 537/923    | NR      |
|                           |        |                      |                  |           |       |       |            |      |                  | (58.2)     |         |
|                           |        |                      |                  |           |       |       | Severe     | 173  | 52 (40–65)       | 73/173     | NR      |
|                           |        |                      |                  |           |       |       |            |      |                  |            |         |

|                          |        |                     |               |                |             |            |              |                |                    | (57.8)    |      |
|--------------------------|--------|---------------------|---------------|----------------|-------------|------------|--------------|----------------|--------------------|-----------|------|
| С. Т.38                  | G' - 1 | 2020/1/22 2020/2/22 | Well on China | COVID 10       | ND          | NR         | T-4-1        | 107            | 50.5   14.66       | 01 (49.7) | NID. |
| Guo, T. <sup>38</sup>    | Single | 2020/1/23-2020/2/23 | Wuhan, China  | COVID-19       | NR          | NK         | Total        | 187            | 58.5±14.66         | 91 (48.7) | NR   |
|                          |        |                     |               |                |             |            | Normal TnT   | 135            | 53.53±13.22        | 57 (42.2) | NR   |
|                          |        |                     |               |                |             |            | level        |                |                    |           |      |
|                          |        |                     |               |                |             |            |              |                |                    |           |      |
|                          |        |                     |               |                |             |            | Elevated TnT | 52             | 71.4±9.43          | 34 (65.4) | NR   |
|                          |        |                     |               |                |             |            | level        |                |                    |           |      |
| ** ** 20                 | ~      |                     | ***           |                |             |            |              |                |                    |           |      |
| Han, X. <sup>39</sup>    | Single | 2019/12/20-2020/2/2 | Wuhan, China  | Adults         | NR          | NR         | NA           | 17             | 40±10(Range:27-6   | 6 (35.3)  | NR   |
|                          |        |                     |               |                |             |            |              |                | 0)                 |           |      |
| Han, Y. N. <sup>40</sup> | Single | 2020/1/31-2020/2/16 | Xi'an, China  | COVID-19       | Child:      | Child:     | Total        | 32             | NR                 | 16 (50)   | NR   |
|                          |        |                     |               |                |             |            |              |                |                    |           |      |
|                          |        |                     |               |                | 10 - 50     | 0 - 37     |              |                |                    |           |      |
|                          |        |                     |               |                | Adult:      | Adult:     |              |                |                    |           |      |
|                          |        |                     |               |                | 15 40       | 0 50       |              |                |                    |           |      |
|                          |        |                     |               |                | 15 - 40     | 9 - 30     |              |                |                    |           |      |
|                          |        |                     |               |                |             |            | Children     | 7              | 1.3 (Range 0.2 -   | 4 (57.1)  | NR   |
|                          |        |                     |               |                |             |            |              |                | 13)                |           |      |
|                          |        |                     |               |                |             |            |              |                |                    |           |      |
|                          |        |                     |               |                |             |            | Adults       | 25             | 44 (Range:22 - 70) | 12 (48)   | NR   |
| He, X. W. <sup>41</sup>  | Single | 2020/2/3-2020/2/24  | Wuhan, China  | severe or      | <40         | <41        | Total        | 54             | 68 (59.3-74.3)     | 34 (63)   | NR   |
| 110, A. W.               | Single | 2020/2/3-2020/2/24  | wunan, China  |                | <b>~4</b> 0 | <b>~41</b> | 10(4)        | J <del>4</del> | 00 (39.3-74.3)     | 34 (03)   | INK  |
|                          |        |                     |               | critically ill |             |            |              |                |                    |           |      |

|                      |       |                    |                | patients     |     |     |                  |    |                |           |       |
|----------------------|-------|--------------------|----------------|--------------|-----|-----|------------------|----|----------------|-----------|-------|
|                      |       |                    |                |              |     |     | Death            | 26 | 70 (62.5-76.5) | 16 (61.5) | NR    |
|                      |       |                    |                |              |     |     | Survivor         | 28 | 66.5 (56-71.8) | 18 (64.3) | NR    |
| Hu, Z. <sup>42</sup> | Multi | 2020/1/28-2020/2/9 | Nanjing, China | Patients     | ≪40 | ≤40 | Total            | 24 | 32.5 (19- 57)  | 8 (33.3)  | 0 (0) |
|                      |       |                    |                | with         |     |     |                  |    |                |           |       |
|                      |       |                    |                | asymptomat   |     |     |                  |    |                |           |       |
|                      |       |                    |                | ic infection |     |     |                  |    |                |           |       |
|                      |       |                    |                |              |     |     | Cases with       | 5  | 53 (23-65)     | 0 (0)     | 0 (0) |
|                      |       |                    |                |              |     |     | symptoms         |    |                |           |       |
|                      |       |                    |                |              |     |     | after diagnosis  |    |                |           |       |
|                      |       |                    |                |              |     |     | Cases without    | 19 | 32 (15- 57)    | 8 (42.1)  | 0 (0) |
|                      |       |                    |                |              |     |     | symptoms         |    | 32 (10 01)     | 0 (1211)  | (0)   |
|                      |       |                    |                |              |     |     | after diagnosis  |    |                |           |       |
|                      |       |                    |                |              |     |     | urver drughtesis |    |                |           |       |
|                      |       |                    |                |              |     |     | Asymptomatic     | 7  | 14 (6- 32)     | 3 (42.9)  | 0 (0) |
|                      |       |                    |                |              |     |     | plus CT          |    |                |           |       |
|                      |       |                    |                |              |     |     | normal cases     |    |                |           |       |
|                      |       |                    |                |              |     |     | Other cases      | 17 | 38 (27- 65)    | 5 (29.4)  | 0 (0) |

| Huang, C. <sup>1</sup>   | Single | 2019/12/16-2020/1/2  | Wuhan, China      | COVID-19 | ≤40 | NR           | Total       | 41  | 49 (41-58)       | 30 (73)    | 1 (2)     |
|--------------------------|--------|----------------------|-------------------|----------|-----|--------------|-------------|-----|------------------|------------|-----------|
|                          |        |                      |                   |          |     |              | ICU care    | 13  | 49 (41-61)       | 11 (85)    | 0 (0)     |
|                          |        |                      |                   |          |     |              | No ICU care | 28  | 49 (41-57.5)     | 19 (68)    | 1 (4)     |
| Huang, Y. <sup>43</sup>  | Single | 2019/12/21-2020/1/28 | Wuhan, China      | COVID-19 | NR  | NR           | NA          | 34  | 56.24±17.14      | 14 (41.2)  | 1 (2.9)   |
| Ji, D. <sup>44</sup>     | Multi  | 2020/1/20-2020/2/17  | Beijing, China    | COVID-19 | NR  | Male:        | Total       | 202 | 44.5 (34.8-54.1) | 113 (55.9) | NR        |
|                          |        |                      |                   |          |     | <b>≤</b> 30; |             |     |                  |            |           |
|                          |        |                      |                   |          |     | Female:      |             |     |                  |            |           |
|                          |        |                      |                   |          |     | ≤19          |             |     |                  |            |           |
|                          |        |                      |                   |          |     |              | Stable      | 163 | 42.9 (32.6-51.8) | 86 (52.8)  | NR        |
|                          |        |                      |                   |          |     |              | Progressive | 39  | 55.1 (43.7-71.8) | 27 (69.2)  | NR        |
|                          |        |                      |                   |          |     |              | GI          | 74  | 46.14±14.19      | 37 (50)    | 8 (10.81) |
|                          |        |                      |                   |          |     |              | non-GI      | 577 | 45.09±14.45      | 294        | 17 (2.95) |
|                          |        |                      |                   |          |     |              |             |     |                  | (50.95)    |           |
| Khan, S. <sup>12</sup>   | Single | 2020/1/25-2020/2/15  | Wuhan, China      | Pregnant | ≤35 | ≤45          | NA          | 17  | 29.29            | 0 (0)      | NR        |
|                          |        |                      |                   | women    |     |              |             |     | (Range:24-34)    |            |           |
| Kim, E. S. <sup>45</sup> | Multi  | 2020/1/19-2020/2/17  | Republic of Korea | Adults   | NR  | ≤40          | NA          | 28  | 42.6±13.4        | 15 (53.6)  | 1 (3.6)   |
|                          |        |                      |                   |          |     |              |             |     |                  |            |           |

|                               | ti 2020/1/22-2020/2/12 | Guangzhou and Wuhan, | Adults   | NR      | NR      | Total        | 119 | NR          | NR         | NR        |
|-------------------------------|------------------------|----------------------|----------|---------|---------|--------------|-----|-------------|------------|-----------|
|                               |                        | China                |          |         |         |              |     |             |            |           |
|                               |                        |                      |          |         |         | Guangzhou    | 20  | 43.2±14.0   | 10 (50)    | NR        |
|                               |                        |                      |          |         |         | Wuhan        | 99  | 55.5±13.1   | 67 (67.7)  | NR        |
| Li, Y. K. <sup>47</sup> Singl | ele 2020/1/1-2020/2/20 | Wuhan, China         | Adults   | NR      | NR      | Total        | 25  | NR          | NR         | NR        |
|                               |                        |                      |          |         |         | Hospitalized | 13  | 60.2±5.6    | 10 (76.9)  | NR        |
|                               |                        |                      |          |         |         | patients     |     |             |            |           |
|                               |                        |                      |          |         |         | Health care  | 12  | 35.8±9.2    | 2 (16.7)   | NR        |
|                               |                        |                      |          |         |         | staff        |     |             |            |           |
| Lian, J. <sup>48</sup> Multi  | ti 2020/1/17-2020/2/12 | Zhejiang, China      | COVID-19 | 15-40   | 9-50    | Total        | 788 | NR          | NR         | NR        |
|                               |                        |                      |          |         |         | < 60y        | 652 | 41.15±11.38 | 349 (53.5) | 25 (3.83) |
|                               |                        |                      |          |         |         | ≥ 60y        | 136 | 68.28±7.314 | 58 (42.6)  | 6 (4.41)  |
| Lin, L. <sup>49</sup> Singl   | le 2020/1/17-2020/2/15 | Zhuhai, China        | COVID-19 | Male:1  | Male:9- | Total        | 95  | 45.3±18.3   | 45 (47.4)  | NR        |
|                               |                        |                      |          | 5-40;   | 50;     |              |     |             |            |           |
|                               |                        |                      |          | Female: | Female: |              |     |             |            |           |
|                               |                        |                      |          | 13-35.  | 7-40.   |              |     |             |            |           |

|                         |        |                     |                                     |          |       |      | With GI                     | 58  | 48.0±17.1          | 27 (46.6)  | NR       |
|-------------------------|--------|---------------------|-------------------------------------|----------|-------|------|-----------------------------|-----|--------------------|------------|----------|
|                         |        |                     |                                     |          |       |      | symptoms                    | 27  | 41.1.10.5          | 10 (40 6)  | ND       |
|                         |        |                     |                                     |          |       |      | Without GI<br>symptoms      | 37  | 41.1±19.5          | 18 (48.6)  | NR       |
| Liu, C. <sup>50</sup>   | Multi  | 2020/1/23-2020/2/8  | Lanzhou, Shenyang,                  | COVID-19 | ≤40   | ≤40  | NA                          | 32  | 38.5 (26.25-45.75) | 20 (62.5)  | NR       |
|                         |        |                     | Ankang, Lishui, Zhenjiang, Baoding, |          |       |      |                             |     |                    |            |          |
|                         |        |                     | Linxia, China                       |          |       |      |                             |     |                    |            |          |
| Liu, M. <sup>51</sup>   | Single | 2020/1/10-2020/1/31 | Wuhan, China                        | Medical  | ≪40   | €50  | NA                          | 30  | 35±8(Range:21-59)  | 10 (33.3)  | 1 (3.13) |
|                         |        |                     |                                     | staff    |       |      |                             |     |                    |            |          |
| Lo, I. L. <sup>52</sup> | Single | 2020/1/21-2020/2/16 | Macau, China                        | COVID-19 | ≤41   | ≪40  | NA                          | 10  | 54 (27-64)         | 3 (30)     | NR       |
| Lu X. <sup>53</sup>     | Single | 2020/1/28-2020/2/26 | Wuhan, China                        | Children | 10-50 | 7-45 | Total                       | 171 | 6.7 (2.0-9.8)      | 104 (60.8) | NR       |
|                         |        |                     |                                     |          |       |      | Asymptomatic                | 27  | 9.6 (7.6-12.6)     | NR         | NR       |
|                         |        |                     |                                     |          |       |      | infection                   |     |                    |            |          |
|                         |        |                     |                                     |          |       |      | Upper                       | 33  | 3.9 (1.4-8.4)      | NR         | NR       |
|                         |        |                     |                                     |          |       |      | respiratory tract infection |     |                    |            |          |
|                         |        |                     |                                     |          |       |      |                             |     |                    |            |          |

|                           |        |                      |                 |                            |       |      | Pneumonia  | 111 | 5.9 (1.2-9.3)     | NR         | NR        |
|---------------------------|--------|----------------------|-----------------|----------------------------|-------|------|------------|-----|-------------------|------------|-----------|
| Mi, B. <sup>54</sup>      | Multi  | 2020/1/1-2020/2/27   | Wuhan, China    | Adults (Fracture Patients) | 8-40  | 5-35 | NA         | 10  | 76 (Range:34-87)  | 2 (20)     | 1 (10)    |
| Qian, G. Q. <sup>55</sup> | Multi  | 2020/1/20-2020/2/11  | Zhejiang, China | COVID-19                   | 15-40 | 9-50 | NA         | 91  | 50 (36.5-57)      | 37 (40.66) | NR        |
| Qian, Z. P. <sup>56</sup> | Single | 2020/1/20-2020/2/24  | Shagnhai, China | COVID-19                   | ≤35   | ≪40  | Total      | 324 | 51 (36-64)        | 167 (51.5) | 70 (21.6) |
|                           |        |                      |                 |                            |       |      | Mild       | 298 | 48.5 (35-63)      | 147 (49.3) | 61 (20.5) |
|                           |        |                      |                 |                            |       |      | Severe     | 26  | 65 (63-76)        | 20 (76.9)  | 9 (34.6)  |
| Qiu, H. <sup>6</sup>      | Multi  | 2020/1/17-2020/3/1   | Zhejiang, China | Children                   | <40   | <40  | Total      | 36  | 8.3±3.5           | 23 (64)    | NR        |
|                           |        |                      |                 |                            |       |      | Mild cases | 17  | 7.5±3.2           | 10 (59)    | NR        |
|                           |        |                      |                 |                            |       |      | Moderate   | 19  | 9±3.6             | 13 (68)    | NR        |
| Qiu, L. <sup>57</sup>     | Single | 2020/2/4-2020/2/24   | Wuhan, China    | Adult<br>women,<br>ICU     | 14-36 | 9-52 | NA         | 10  | 66 (Range: 52-80) | 0 (0)      | NR        |
| Shi, H. <sup>58</sup>     | Multi  | 2019/12/20-2020/1/23 | Wuhan, China    | COVID-19                   | ≪40   | NR   | NA         | 81  | 49.5±11           | 42 (52)    | 7 (9)     |

| To, K. K. <sup>5</sup>  | Multi  | 2020/1/22-2020/2/12 | Hong Kong, China        | COVID-19 | NR    | €53  | Total           | 23  | 62(Range:37-75)  | NR        | NR      |
|-------------------------|--------|---------------------|-------------------------|----------|-------|------|-----------------|-----|------------------|-----------|---------|
| ,                       |        |                     | 5 6,                    |          |       |      |                 |     |                  |           |         |
|                         |        |                     |                         |          |       |      | Severe          | 10  | 66 (Range:39-75) | 6 (60)    | NR      |
|                         |        |                     |                         |          |       |      | Mild            | 13  | 56 (Range:37-75) | 7 (54)    | NR      |
| Tu, W. J. <sup>59</sup> | Single | 2020/1/3-2020/2/24  | Wuhan, China            | COVID-19 | NR    | NR   | Total           | 174 | NR               | NR        | NR      |
|                         |        |                     |                         |          |       |      | Non-survivors   | 25  | 70 (64-80)       | 19 (76)   | NR      |
|                         |        |                     |                         |          |       |      | Discharge       | 149 | 51 (37-62)       | 60 (40)   | NR      |
| Wan, S. <sup>60</sup>   | Single | 2020/1/23-2020/2/8  | Chongqing, China        | COVID-19 | ≤40   | NR   | Total           | 135 | 47 (36 - 55)     | 72 (53.3) | 2 (1.5) |
|                         |        |                     |                         |          |       | NR   | Mild            | 95  | 44 (33 - 49)     | 52 (54.7) | 1 (1)   |
|                         |        |                     |                         |          |       | NR   | Severe          | 40  | 56 (52 - 73)     | 21 (52.5) | 1 (1)   |
| Wang, D.61              | Multi  | 2020/1/25-2020/2/21 | Shanxi, Gansu, Ningxia, | Children | NR    | NR   | NA              | 31  | 7 y 1 m          | 15 (48.4) | NR      |
|                         |        |                     | Hebei, Henan, Shandong, |          |       |      |                 |     | (Range:6m-17y)   |           |         |
|                         |        |                     | China                   |          |       |      |                 |     |                  |           |         |
| Wang, F.62              | Single | 2020/1/20-2020/2/28 | Wuhan, China            | COVID-19 | 15-40 | 9-50 | Total           | 52  | NR               | NR        | NR      |
|                         |        |                     |                         |          |       |      | with pancreatic | 9   | $55\pm15$        | 6 (67)    | NR      |
|                         |        |                     |                         |          |       |      | injury          |     |                  |           |         |
|                         |        |                     |                         |          |       |      |                 |     |                  |           |         |

|                         |        |                     |                  |                |       |      | without       | 43  | $52\pm18$    | 18 (42)    | NR       |
|-------------------------|--------|---------------------|------------------|----------------|-------|------|---------------|-----|--------------|------------|----------|
|                         |        |                     |                  |                |       |      | pancreatic    |     |              |            |          |
|                         |        |                     |                  |                |       |      | injury        |     |              |            |          |
| Wang, L. <sup>63</sup>  | Single | 2020/1/21-2020/2/5  | Zhengzhou, China | COVID-19       | NR    | NR   | NA            | 18  | 39 (29 - 55) | 10 (55.6)  | NR       |
| Wang, Y.15              | Single | 2020/1/25-2020/2/25 | Wuhan, China     | critically ill | ≤41   | ≪41  | Total         | 344 | 64 (52-72)   | 179 (52)   | NR       |
|                         |        |                     |                  |                |       |      | Survivors     | 211 | 57 (47-69)   | 105 (49.8) | NR       |
|                         |        |                     |                  |                |       |      | Non-survivors | 133 | 70 (62-77)   | 74 (55.6)  | NR       |
| Wang, Z. <sup>64</sup>  | Single | 2020/1/16-2020/1/29 | Wuhan, China     | COVID-19       | ≪40   | €35  | Total         | 69  | 42 (35–62)   | 32 (46)    | 1 (1)    |
|                         |        |                     |                  |                |       |      | SpO2 ≥ 90%    | 55  | 37 (32–51)   | 25 (45)    | 1 (2)    |
|                         |        |                     |                  |                |       |      | SpO2 < 90%    | 14  | 70.5 (62–77) | 7 (50)     | 0 (0)    |
| Wu, J. <sup>65</sup>    | Multi  | 2020/1/22-2020/2/14 | Jiangsu, China   | COVID-19       | 15-40 | 9-50 | NA            | 80  | 46.10±15.42  | 39 (48.75) | 1 (1.25) |
| Xu, X. W. <sup>66</sup> | Multi  | 2020/1/10-2020/1/26 | Zhejiang, China  | COVID-19       | 13-35 | 7-40 | Total         | 62  | 41 (32-52)   | 35 (56)    | 7 (11)   |
|                         |        |                     |                  |                |       |      | Time since    | 33  | 45 (37-54)   | 19 (58)    | 4 (12)   |
|                         |        |                     |                  |                |       |      | symptom       |     |              |            |          |
|                         |        |                     |                  |                |       |      | onset>10 days |     |              |            |          |
|                         |        |                     |                  |                |       |      | Time since    | 29  | 39 (31-50)   | 16 (55)    | 3 (10)   |

|                        |        |                      |                  |                |      |      | symptom onset<br>≤10 days |     |             |            |                           |
|------------------------|--------|----------------------|------------------|----------------|------|------|---------------------------|-----|-------------|------------|---------------------------|
| Xu, Y. <sup>67</sup>   | Single | 2020/1/22-2020/2/20  | Guangzhou, China | Children       | 5-60 | 9-50 | NA                        | 10  | 7.54±5.92   | 6 (60)     | NR                        |
| Yang, W. <sup>68</sup> | Multi  | 2020/1/17-2020/2/10  | Wenzhou, China   | COVID-19       | 8-40 | 0-64 | NA                        | 149 | 45.11±13.35 | 81 (54.36) | NR                        |
| Yao, N. <sup>70</sup>  | Single | 2020/1/21-2020/2/21  | Shanxi, China    | COVID-19       | ≤46  | ≤66  | Total                     | 40  | 53.87±15.84 | 25 (62.5)  | NR                        |
|                        |        |                      |                  |                |      |      | Liver injury              | 22  | NR          | 14 (63.6)  | NR                        |
|                        |        |                      |                  |                |      |      | Non- liver injury         | 18  | NR          | 10 (57.1)  | NR                        |
| Yang, X.69             | Single | 2019/12/24-2020/1/26 | Wuhan, China     | critically ill | NR   | NR   | Total                     | 52  | 59.7±13.3   | 35(67)     | Liver dysfunction 15 (29) |
|                        |        |                      |                  |                |      |      | Survivors                 | 20  | 51.9±12.9   | 14(70)     | Liver dysfunction 6 (30)  |
|                        |        |                      |                  |                |      |      | Non-survivors             | 32  | 64.6±11.2   | 21(66)     | Liver dysfunction 9 (28)  |
| Zha, L. <sup>71</sup>  | Multi  | 2020/1/24-2020/2/24  | Wuhu, China      | COVID-19       | NR   | NR   | Total                     | 31  | 39 (32-54)  | 20 (64)    | 2 (6)                     |
|                        |        |                      |                  |                |      |      | Non-corticoste            | 20  | 37 (27-52)  | 12 (60)    | 2 (10)                    |
|                        |        |                      |                  |                |      |      | Corticosteroid            | 11  | 53 (36-57)  | 8 (73)     | 0 (0)                     |

| Zhang, G. <sup>72</sup> | Single | 2020/1/16-2020/2/25  | Wuhan, China    | COVID-19 | < 40  | < 40 | Total      | 95  | 49 (39-58)       | 53 (55.8)  | NR       |
|-------------------------|--------|----------------------|-----------------|----------|-------|------|------------|-----|------------------|------------|----------|
|                         |        |                      |                 |          |       |      | No-severe  | 63  | 49 (41-57)       | 32 (50.8)  | NR       |
|                         |        |                      |                 |          |       |      | Severe     | 32  | 50.5 (38.3-58.8) | 21 (65.6)  | NR       |
|                         |        |                      |                 |          |       |      | Normal     | 72  | 34.9±14.2        | 33 (45.8)  | 2 (2.8)  |
|                         |        |                      |                 |          |       |      | imaging    |     |                  |            |          |
|                         |        |                      |                 |          |       |      | Abnormal   | 573 | 46.65±13.82      | 295 (51.5) | 23 (4)   |
|                         |        |                      |                 |          |       |      | imaging    |     |                  |            |          |
| Zhang, Y. <sup>73</sup> | Single | 2020/1/18-2020/2/22  | Wuhan, China    | COVID-19 | ≤40   | ≤50  | Total      | 115 | 49.52±17.06      | 57 (49)    | NR       |
|                         |        |                      |                 |          |       |      | Mild       | 84  | 43.96±14.84      | 34 (29)    | NR       |
|                         |        |                      |                 |          |       |      | Severe     | 31  | 64.58±13.26      | 23 (20)    | NR       |
| Zhao, D. <sup>74</sup>  | Multi  | 2020/1/23-2020/2/5   | Anhui, China    | COVID-19 | 15-40 | 9-50 | NA         | 19  | 48 (27-56)       | 11 (57.89) | 1 (5.26) |
| Zheng, F. <sup>75</sup> | Single | 2020/1/23-2020/2/5   | Changsha, China | COVID-19 | ≤40   | ≪40  | Total      | 161 | 45 (33.5-57)     | 80 (49.7)  | 4 (2.5)  |
|                         |        |                      |                 |          |       |      | Non-severe | 131 | 40 (31-51)       | 66 (50.4)  | 4 (3.1)  |
|                         |        |                      |                 |          |       |      | Severe     | 30  | 57 (46.5-66)     | 14 (46.7)  | 0 (0)    |
| Zhou, F. <sup>76</sup>  | Multi  | 2019/12/29-2020/1/31 | Wuhan, China    | Adults   | NR    | ≪40  | Total      | 191 | 56 (46–67)       | 119 (62)   | NR       |
|                         |        |                      |                 |          |       |      |            |     |                  |            |          |

|                       |       |                     |                |          |    |     | Non-survivor | 54  | 69 (63–76) | 38 (70) | NR |
|-----------------------|-------|---------------------|----------------|----------|----|-----|--------------|-----|------------|---------|----|
|                       |       |                     |                |          |    |     | Survivor     | 137 | 52 (45–58) | 81 (59) | NR |
| Zhu, L. <sup>77</sup> | Multi | 2020/1/24-2020/2/22 | Jiangsu, China | children | NR | ≤40 | NA           | 10  | 9.15±4.67  | 5 (50)  | NR |

Abbreviations: NA, not applicable; NR, not reported; ICU, intensive care unit; CT, computed tomography; GI, gastrointestinal; SpO<sub>2</sub>, oxygen saturation.

Note: Age was presented as mean ± SD or median (IQR or Range), "Range" is intentionally marked.

### Supplementary Table 4. Quality evaluation of all the included studies.

|                               | Was the sample    | Were study       |             | Were the study       | Was data analysis      | Were valid            | Was the condition       |                       | Was the response rate     |
|-------------------------------|-------------------|------------------|-------------|----------------------|------------------------|-----------------------|-------------------------|-----------------------|---------------------------|
|                               | representative of | participants     | Was the     | subjects and the     | conducted with         | methods used for      | measured in a standard, | Was there             | adequate, and if not, was |
|                               | the target        | recruited in an  | sample size | setting described in | sufficient coverage of | the identification of | reliable way for all    | appropriate           | the low response rate     |
| Study                         | population?       | appropriate way? | adequate?   | detail?              | the identified sample? | the condition?        | participants?           | statistical analysis? | managed appropriately?    |
| Arentz, M. 14                 | Yes               | Unclear          | No          | Yes                  | Yes                    | Yes                   | Yes                     | Yes                   | Yes                       |
| Bhatraju, P. K. <sup>27</sup> | Yes               | Unclear          | No          | Yes                  | Yes                    | Yes                   | Yes                     | Yes                   | Yes                       |
| Cai, J. <sup>28</sup>         | No                | Unclear          | No          | Yes                  | Yes                    | Yes                   | Yes                     | Not applicable        | Yes                       |
| Cai, Q. <sup>29</sup>         | Yes               | Unclear          | Yes         | Yes                  | Yes                    | Yes                   | Yes                     | Yes                   | Yes                       |
| Cao, B. <sup>30</sup>         | Yes               | Unclear          | No          | Yes                  | Yes                    | Yes                   | Yes                     | Yes                   | Yes                       |
| Cao, J. <sup>31</sup>         | Yes               | Unclear          | No          | Yes                  | Yes                    | Yes                   | Yes                     | Yes                   | Yes                       |
| Chen, G. <sup>79</sup>        | Yes               | Unclear          | No          | Yes                  | Yes                    | Yes                   | Yes                     | Yes                   | Yes                       |
| Chen, L. <sup>32</sup>        | Yes               | Unclear          | No          | Yes                  | Yes                    | Yes                   | Yes                     | Yes                   | Yes                       |
| Chen, N. <sup>4</sup>         | Yes               | Unclear          | No          | Yes                  | Yes                    | Yes                   | Yes                     | Yes                   | Yes                       |
| Chen, T. <sup>78</sup>        | Yes               | Unclear          | No          | Yes                  | Yes                    | Yes                   | Yes                     | Yes                   | Yes                       |
|                               |                   |                  |             |                      |                        |                       |                         |                       |                           |

| Chen, T. 33               | Yes | Unclear | No  | Yes | Yes | Yes | Yes | Yes | Yes |
|---------------------------|-----|---------|-----|-----|-----|-----|-----|-----|-----|
| Chen, X. 34               | No  | Unclear | No  | Yes | Yes | Yes | Yes | Yes | Yes |
| Du, R. H. <sup>35</sup>   | Yes | Unclear | No  | Yes | Yes | Yes | Yes | Yes | Yes |
| Du, Y. <sup>36</sup>      | Yes | Yes     | No  | Yes | Yes | Yes | Yes | Yes | Yes |
| Guan, W. J. <sup>37</sup> | Yes | No      | Yes | Yes | No  | Yes | Yes | Yes | No  |
| Guo, T. <sup>38</sup>     | Yes | Yes     | No  | Yes | Yes | Yes | Yes | Yes | Yes |
| Han, X. <sup>39</sup>     | Yes | Unclear | No  | Yes | Yes | Yes | Yes | Yes | Yes |
| Han, Y. N. <sup>40</sup>  | Yes | Unclear | No  | Yes | Yes | Yes | Yes | Yes | Yes |
| He, X. W. <sup>41</sup>   | Yes | Unclear | No  | Yes | Yes | Yes | Yes | Yes | Yes |
| Hu, Z. <sup>42</sup>      | Yes | Unclear | No  | Yes | Yes | Yes | Yes | Yes | Yes |
| Huang, C. <sup>1</sup>    | Yes | Unclear | No  | Yes | Yes | Yes | Yes | Yes | Yes |
| Huang, Y. <sup>43</sup>   | Yes | Unclear | No  | Yes | Yes | Yes | Yes | Yes | Yes |
| Ji, D. <sup>44</sup>      | Yes | Yes     | No  | Yes | Yes | Yes | Yes | Yes | Yes |
| Khan, S. <sup>12</sup>    | No  | Unclear | No  | Yes | Yes | Yes | Yes | Yes | Yes |
|                           |     |         |     |     |     |     |     |     |     |

| Kim, E. S. <sup>45</sup> | Yes | Unclear | No  | Yes     | Yes | Yes | Yes | Yes            | Yes |
|--------------------------|-----|---------|-----|---------|-----|-----|-----|----------------|-----|
| Lei, Z. <sup>46</sup>    | Yes | Unclear | No  | Yes     | Yes | Yes | Yes | Yes            | Yes |
| Li, Y. K. <sup>47</sup>  | Yes | Unclear | No  | Yes     | Yes | Yes | Yes | Yes            | Yes |
| Lian, J. <sup>48</sup>   | Yes | Unclear | Yes | Yes     | Yes | Yes | Yes | Yes            | Yes |
| Lin, L. 49               | Yes | Unclear | No  | Yes     | Yes | Yes | Yes | Yes            | Yes |
| Liu, C. <sup>50</sup>    | Yes | Yes     | No  | Yes     | Yes | Yes | Yes | Yes            | Yes |
| Liu, M. <sup>51</sup>    | No  | Unclear | No  | Unclear | Yes | Yes | Yes | Yes            | Yes |
| Lo, I. L. <sup>52</sup>  | Yes | Unclear | No  | Yes     | Yes | Yes | Yes | Yes            | Yes |
| Lu X. <sup>53</sup>      | No  | Unclear | No  | Yes     | Yes | Yes | Yes | Yes            | Yes |
| Mi, B. <sup>54</sup>     | No  | Unclear | No  | Yes     | Yes | No  | Yes | Yes            | Yes |
| Qian, G. Q 55            | Yes | Unclear | No  | Yes     | Yes | Yes | Yes | Yes            | Yes |
| Qian, Z. P <sup>56</sup> | Yes | Unclear | Yes | Yes     | Yes | Yes | Yes | Yes            | Yes |
| Qiu, H <sup>6</sup>      | No  | Unclear | No  | Yes     | Yes | Yes | Yes | Yes            | Yes |
| Qiu, L. <sup>57</sup>    | No  | Unclear | No  | Yes     | Yes | Yes | Yes | Not applicable | Yes |
|                          |     |         |     |         |     |     |     |                |     |

| Shi, H. <sup>58</sup>   | Yes | Unclear | No  | Yes | Yes | Yes | Yes | No             | Yes |
|-------------------------|-----|---------|-----|-----|-----|-----|-----|----------------|-----|
| To, K. K. <sup>5</sup>  | Yes | Yes     | No  | Yes | Yes | Yes | Yes | Yes            | Yes |
| Tu, W. J. <sup>59</sup> | Yes | Yes     | No  | Yes | Yes | Yes | Yes | Yes            | Yes |
| Wan, S. <sup>60</sup>   | Yes | Unclear | No  | Yes | Yes | Yes | Yes | Yes            | Yes |
| Wang, D. <sup>61</sup>  | No  | Unclear | No  | Yes | Yes | Yes | Yes | Not applicable | Yes |
| Wang, F. 62             | Yes | Unclear | No  | Yes | Yes | Yes | Yes | Yes            | Yes |
| Wang, L. <sup>63</sup>  | Yes | Unclear | No  | Yes | Yes | Yes | Yes | Yes            | Yes |
| Wang, Y. 15             | Yes | Unclear | Yes | Yes | Yes | Yes | Yes | Yes            | Yes |
| Wang, Z. <sup>64</sup>  | Yes | Yes     | No  | Yes | Yes | Yes | Yes | Yes            | Yes |
| Wu, J. <sup>65</sup>    | Yes | Unclear | No  | Yes | Yes | Yes | Yes | Yes            | Yes |
| Xu, X. W. 66            | Yes | Unclear | No  | Yes | Yes | Yes | Yes | Yes            | Yes |
| Xu, Y. <sup>67</sup>    | No  | Unclear | No  | Yes | Yes | Yes | Yes | Not applicable | Yes |
| Yang, W. <sup>68</sup>  | Yes | Yes     | No  | Yes | Yes | Yes | Yes | Yes            | Yes |
| Yao, N. <sup>70</sup>   | Yes | Unclear | No  | Yes | Yes | Yes | Yes | Yes            | Yes |
|                         |     |         |     |     |     |     |     |                |     |

| Yang, X. 68             | Yes | Unclear | No | Yes | Yes | Yes | Yes | Yes            | Yes |
|-------------------------|-----|---------|----|-----|-----|-----|-----|----------------|-----|
| Zha, L. 71              | Yes | Unclear | No | Yes | Yes | Yes | Yes | Yes            | Yes |
| Zhang, G. <sup>72</sup> | Yes | Unclear | No | Yes | Yes | Yes | Yes | No             | Yes |
| Zhang, Y. <sup>73</sup> | Yes | Unclear | No | Yes | Yes | Yes | Yes | Yes            | Yes |
| Zhao, D. 74             | Yes | Unclear | No | Yes | Yes | Yes | Yes | Yes            | Yes |
| Zheng, F. 75            | Yes | Unclear | No | Yes | Yes | Yes | Yes | Yes            | Yes |
| Zhou, F. <sup>76</sup>  | Yes | Unclear | No | Yes | Yes | Yes | Yes | Yes            | Yes |
| Zhu, L. <sup>77</sup>   | No  | Unclear | No | Yes | Yes | Yes | Yes | Not applicable | Yes |

Note: The Joanna Briggs Institute (JBI) prevalence critical appraisal tool was used to perform quality evaluation. **Yes**, Meet the requirements of the quality evaluation; **No**, Not meet the requirements of the quality evaluation; **Unclear**, Unclear whether it meets the requirements or not; **Not applicable**, Not applicable to this quality evaluation.

According to the appraisal of the sample size, PASS 11.0 software was used to calculate the sample size required for the cross-sectional study on the COVID-19 related transaminase elevation. The prevalence of transaminase elevation in the COVID-19 patients was considered as 20% on the base of previous studies reported. The related confidence interval width (Two-Sided) was set as 10% with a power  $(1-\beta)$  estimate of 80%, and a type I error of 5% ( $\alpha = 0.05$ , one-sided). Hence, a sample of 264 patients was required. Besides, the rate of the incomplete follow-up or dropout in the whole recruited patients was controlled below 10%. Ultimately, the sample should not be less than 293 in the cross-sectional study on the COVID-19 related transaminase elevation. If the sample size is below 293, it was not adequate.

### **Supplementary Table 5. Definition of liver injury in studies including liver injury**

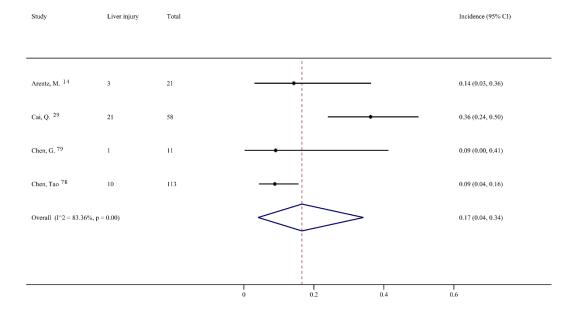
| First author             | Definition of liver injury  |
|--------------------------|---|
| Arentz, M. <sup>14</sup> | Defined as an ALT or AST level greater than 3 times the ULN.  |
| Cai, Q. <sup>29</sup>    | Liver injury was defined by an ALT and/or AST higher than 3-fold of the ULN, or GGT and/or TBil higher than 2-fold of the ULN.  |
| Chen, G. <sup>79</sup>   | Acute liver injury was defined as jaundice with a TBil level of $\geq 3$ mg/dL and an acute increase in ALT of at least five times the upper limit of the normal range and/or an increase in ALP of at least twice the upper limit of the normal range. |
| Chen, T. <sup>78</sup>   | Jaundice with a TBil level of $\geq 3$ mg/dl and an acute increase in ALT of at least five times the upper limit of the normal range and/or an increase in ALP of at least twice the upper limit of the normal range.                                   |
| Ji, D. <sup>44</sup>     | Liver injury was defined as hepatocellular if the ALT level was >30 IU/L for males and >19 IU/L for females; ductular if ALP was >ULN accompanied by GGT > ULN; mixed if both hepatocellular and ductular enzymes were raised >ULN.                     |
| Lin, L. <sup>49</sup>    | The patients developed hepatic function impairment during hospitalisation with elevated bilirubin, aspartate transaminase or alanine aminotransferase.  |
| Wang, F. <sup>62</sup>   | Any abnormality in AST, ALT, GGT or ALP.  |
| Wang, L. <sup>63</sup>   | Patients had abnormal liver function, with ALT and AST above the normal range.  |
| Wang, Y. <sup>15</sup>   | Liver injury was diagnosed according to elevation of bilirubin and aminotransferase.  |
| Yao, N. <sup>70</sup>    | In the course of treatment, liver function examination with one or more of the following abnormalities is considered as liver injury: ALT > 66 U/L, AST > 46 U/L, TBil > 20.5 $\mu$ mol/L.  |
| Du, Y. <sup>36</sup>     | NR  |
| Guo, T. <sup>38</sup>    | NR  |
| Lian, J. <sup>48</sup>   | The definition of liver damage was ALT >50 U/L or AST >40 U/L.  |

| Tu, W. J. <sup>59</sup> | NR |
|-------------------------|----|
| Yang, X. <sup>69</sup>  | NR |
| Zha, L. <sup>71</sup>   | NR |

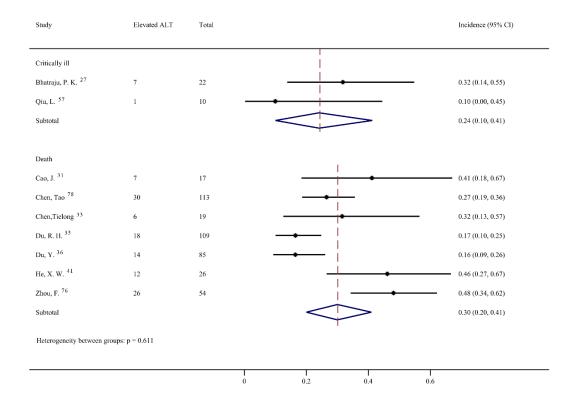
Abbreviations: ALP, alkaline phosphatase; ALT, alanine aminotransferase; AST, aspartate aminotransferase; GGT, gamma-glutamyl transferase; NR, not reported; TBil, total bilirubin; ULN, upper limit of normal.

<sup>a</sup> Liver injury in the Lian study was defined according to the definition of the liver injury reported in the Jin article (Jin, X., et al. Gut, 2020, PMID: 32213556). The subjects in the Lian and Jin studies were from the same cohort of COVID-19 patients, and the corresponding authors of the two studies were the same. Hence, the Jin study was excluded.

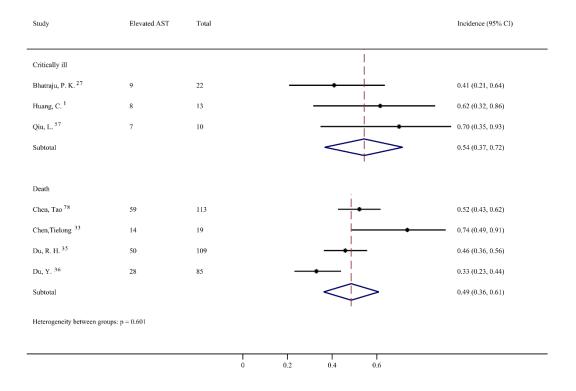
# Supplementary Figure 1 The prevalence of liver injury with strict definitions in severe patients



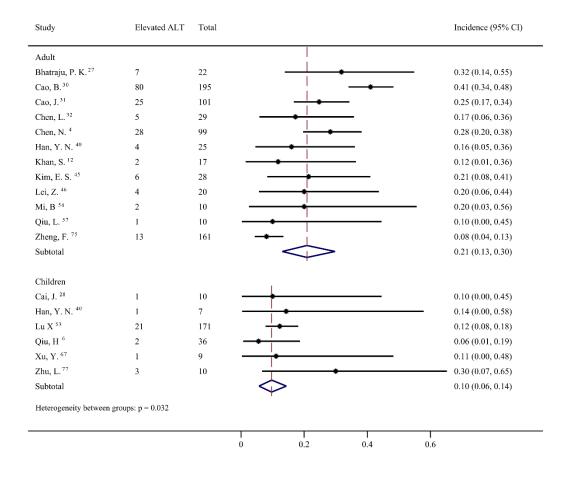
## Supplementary Figure 2. Pooled estimate of elevated alanine aminotransferase in critically ill and fatal patients with COVID-19



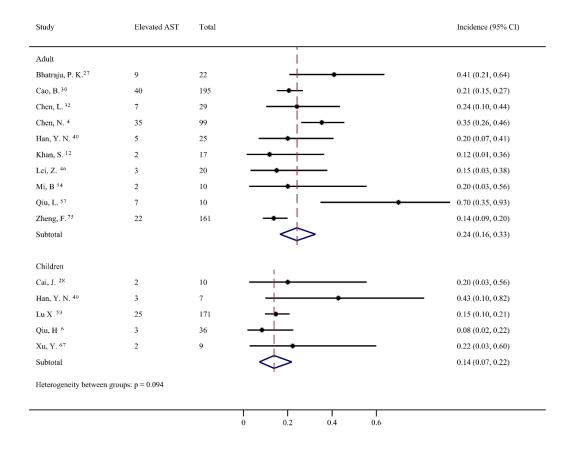
# Supplementary Figure 3. Pooled estimate of elevated aspartate aminotransferase in critically ill and fatal patients with COVID-19



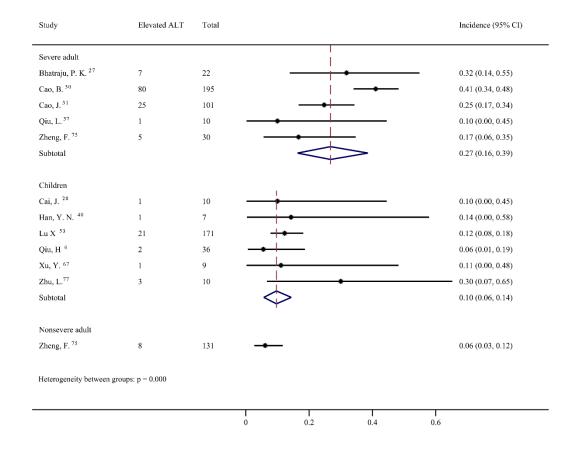
## Supplementary Figure 4. Pooled estimate of elevated alanine aminotransferase in paediatric and adult patients with COVID-19



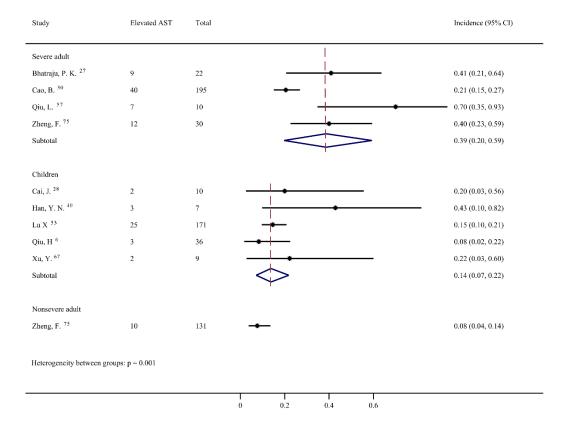
## Supplementary Figure 5. Pooled estimate of elevated aspartate aminotransferase in paediatric and adult patients with COVID-19



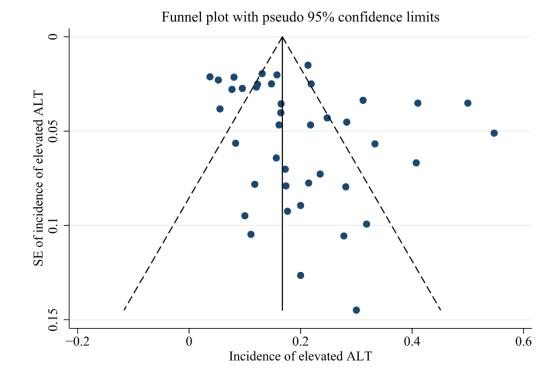
## Supplementary Figure 6. Pooled estimate of elevated alanine aminotransferase in paediatric, severe and non-severe adult patients with COVID-19



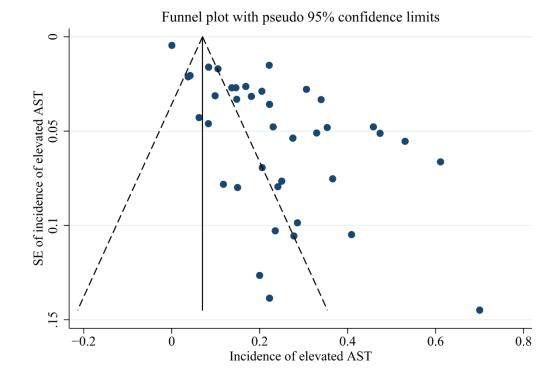
# Supplementary Figure 7. Pooled estimate of elevated aspartate aminotransferase in paediatric, severe and non-severe adult patients with COVID-19



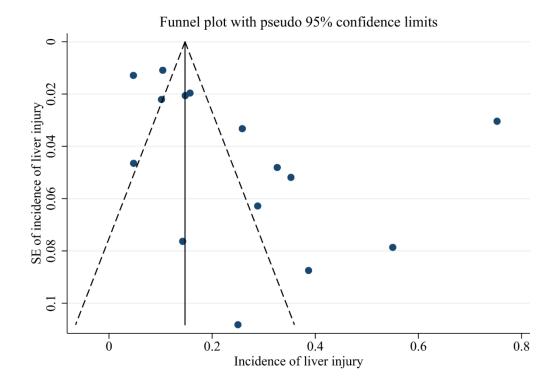
#### **Supplementary Figure 8. The funnel plot of alanine aminotransferase**



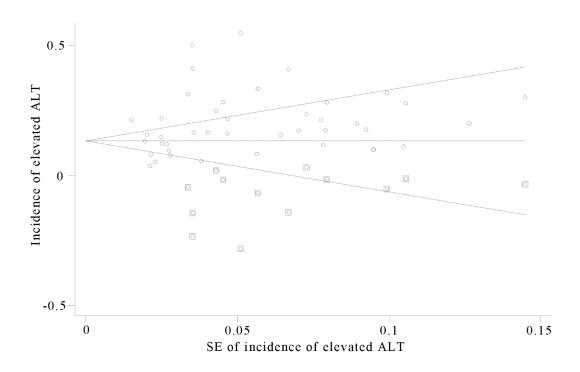
#### **Supplementary Figure 9. The funnel plot of aspartate aminotransferase**



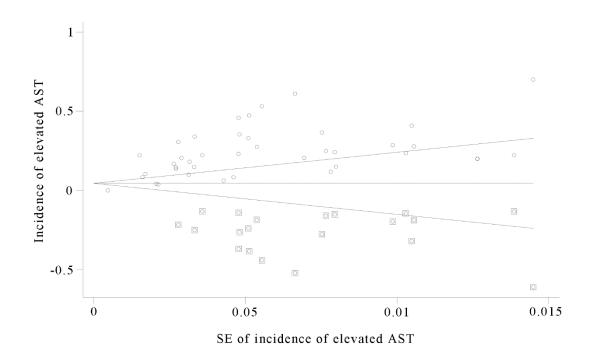
#### Supplementary Figure 10. The funnel plot of liver injury



Supplementary Figure 11. The result of the alanine aminotransferase sensitivity analysis imputed by the trim and fill plot



Supplementary Figure 12. The result of the aspartate aminotransferase sensitivity analysis imputed by the trim and fill plot



Supplementary Figure 13. The result of the liver injury sensitivity analysis imputed by the trim and fill plot

