

	Random sequence generation (selection bias)	Allocation concealment (selection bias)	Blinding of participants and personnel (performance bias)	Blinding of outcome assessment (detection bias)	Incomplete outcome data (attrition bias)	Selective reporting (reporting bias)	Other bias
Ahn 2012	●	+	+	+	+	+	+
Arora 2010	+	+	+	+	+	+	●
Chung 2016	+	+	+	+	+	+	+
Guyen 2019	+	?	+	+	?	+	+
Heikkila 2018	+	?	+	+	+	+	+
Hujoel 2003	●	+	+	+	+	+	+
Lee 2014	+	+	+	+	+	+	+
Lee 2017	+	+	+	+	+	+	+
Mai 2016	+	+	+	+	+	+	+
Michaud 2008	+	+	+	+	+	+	+
Michaud 2016	+	+	+	+	+	+	+
Michaud 2018	+	+	+	+	+	+	+
Nwizu 2017	+	+	+	+	+	+	+

Figure S1. Risk of bias summary: each risk of bias item for each included studies.

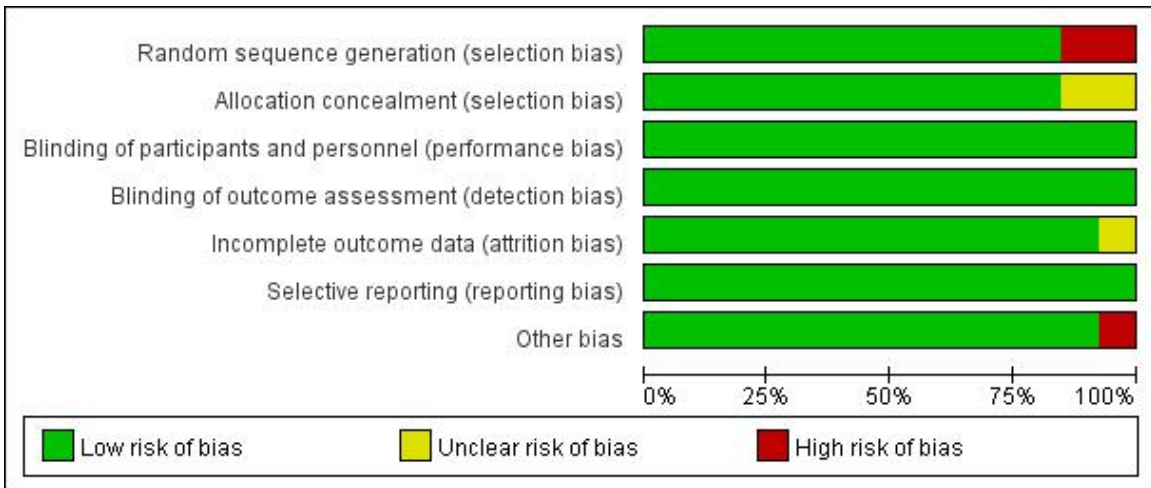


Figure S2. Risk of bias graph: each risk of bias item presented as percentages across all included studies.